



LOS ANGELES RAMS TO HOST FREE VIRTUAL YOUTH FOOTBALL CAMPS FROM JULY 6 – 10

Youth May Register Until July 3 at therams.com/youth-camp

WHAT:

The Los Angeles Rams are introducing free virtual football camps for youth (grades 1-8). All registered participants will have access to instructional videos that teach proper football techniques and walk-through recommended drills by position group. Camp days also will feature pre-recorded opening remarks from current players such as Punter **JOHNNY HEKKER**, Tight End **BRYCEN HOPKINS**, Offensive Lineman **JAMIL DEMBY**, Kicker **LIRIM HAJRULLAHU** and Assistant Special Teams Coach **TORY WOODBURY**.

The 30-minute instructional videos will be led by Rams Legends, who will breakdown the fundamentals of two position groups each day. Rams alumni participating in the virtual football camps include: **LeROY IRVIN**, **PISA TINOISAMOA**, **DENNIS HARRAH**, **BRANDON MANUMALUENA**, **RON BROWN**, **ROBERT HOLCOMBE**, **CHRIS DRAFT**, **PRESTON DENNARD**, **FRANK STAMS**, **RON CARPENTER**, **CAMERON LYNCH**, **BRAD FITCHEL** and **ROLAND WILLIAMS**.

The virtual camps also will engage youth participants from local non-profit organizations, youth correctional facilities, youth football organizations and students from school districts throughout the southern California region.

WHO:

Rams Players
Assistant Special Teams Coach Tory Woodbury
Rams Legends
Local non-profit organizations
Young Adults from Youth Correctional Facilities
Youth Football Organizations

WHERE & WHEN:

Registration Link: therams.com/youth-camp

(Note: Registration will end on July 3 at 11:59 PM PT)

Monday, July 6 – Quarterbacks and Running Backs

Tuesday, July 7 – Wide Receivers and Kick/Punt Returners

Wednesday, July 8 – Offensive Linemen and Tight Ends

Thursday, July 9 – Defensive Linemen and Linebackers

Friday, July 10 – Cornerbacks and Safeties

All Camp participants will receive access to instructional videos at 11:00 AM PT

CONTACT:

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